



## Supporting Families of Children with Special Health Care Needs

*The Family-to-Family Health Information Centers Program*

The **Family-to-Family Health Information Centers (F2F HICs)** program helps families of children and youth with special health care needs (CYSHCN) access care and services for their children's complex needs and work with health care professionals to develop more effective partnerships with families.

The Family-to-Family Health Information Centers (F2F HICs) support families by:

- Helping families understand their health coverage
- Coordinating appointments, services, and medications
- Peer-to-peer counseling
- Promoting leadership training and development

These services are at no cost to families.



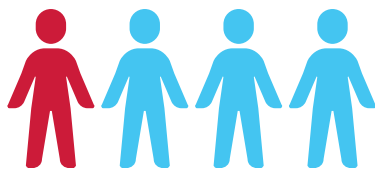
# 14 million

Fourteen million children in the US have a special health care need. Family to Family Health Information Centers are a critical support to help their families navigate their care and help professionals serve them more effectively. Find your local F2F HIC at [familyvoices.org](http://familyvoices.org).

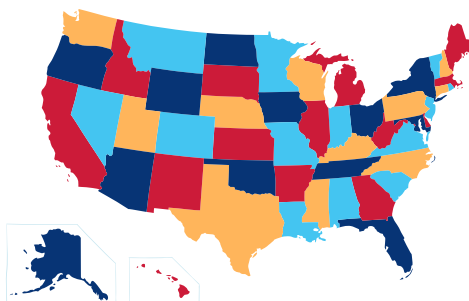
### About the Family-to-Family Health Information Centers (F2F HICs) program

F2F HICs are staffed by family members of CYSHCN with first-hand experience navigating health care and other needed services and supports for their children. This results in improved outcomes for children and their families, including:

- Improved transitions from pediatric to adult health care systems
- Fewer unmet health needs
- Better community-based systems
- Fewer problems with specialty referrals
- Lower out-of-pocket costs
- Increased access to preventive health care in a medical home



**1 in 4 children** in the US between the ages of 3 and 17 has a mental health, emotional, behavioral, or developmental disorder.



F2F HICs are in all 50 states, the District of Columbia, five U.S. territories, and three tribal nations. Scan the code to find yours!



Each year, the program serves over

 **200,000** families

and

 **100,000** health professionals