

**Family Voices United to End Racism against CYSHCN and Their Families (FamU)** 

# **Black History 365**

**December:** Kwanzaa is an annual celebration of African American culture from December 26th to January 1st. It was created by activist Maulana Karenga who based the celebration on African harvest festival traditions from various parts of West, East, as well as Southeast Africa. Karenga said his goal was to "give black people an alternative to the existing holiday of Christmas and give black people an opportunity to celebrate themselves and their history, rather than simply imitate the practice of the dominant society."

Kwanzaa was first celebrated on December 26, 1966.

### **About Kwanzaa**



Kwanzaa celebrates what its founder called the seven principles of Kwanzaa, or Nguzo Saba:

**December 26** Umoja (Unity)

**December 27** Kujichagulia (Self-Determination)

**December 28** Ujima (Collective Work and Responsibility)

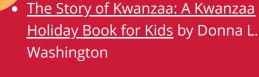
**December 29** 

Ujamaa (Cooperative Economics)

**December 31** Kuumba (Creativity)

January 1 Imani (Faith)





- Jessica B. Harris on the Meaning and Principles of Kwanzaa
- Your Guide to Kwanzaa Food Traditions



### TV / Video

- A Kwanzaa Keepsake and <u>Cookbook</u> – A Conversation with lessica B. Harris
- Sesame Street: Celebrate Kwanzaa Song! Learn the 7 Principles of Kwanzaa



Kwanzaa Spotify Playlist





On December 1, 1955, in Montgomery, Alabama, Rosa Parks refused to give up her seat on a bus, a planned and coordinated protest that eventually led to the Montgomery bus boycott.



## Multimedia

- Harambee! (1996)
- Advancing Black and Human History: Maulana Karenga at Florida A&M University (February 14, 2013)



