

Black History 365

October: October is National Bullying Prevention Month. Bullying is a common occurrence in American schools. Recent studies have found that about 20% of children between the ages of 12 to 18 experienced bullying. The numbers are even worse for children with disabilities, who are 2 to 3 times more likely to be bullied than their peers without disabilities.

PACER's National Bullying Prevention Center founded National Bullying Prevention Awareness Week in 2006 to bring more attention to the effects of bullying and to empower schools and parents to end childhood bullying. In 2010, PACER expanded the week to a full month and designated October as National Bullying Prevention Month, a nationwide campaign to educate communities of their role in preventing bullying.

The federal definition of bullying includes:

- unwanted aggressive behavior
- observed or perceived power imbalance
- repetition or high likelihood of repetition of bullying behaviors

Not all children who are bullied show warning signs, but StopBullying.gov suggests being aware of the [common warning signs](http://StopBullying.gov).

Readings



Bullying Prevention

[Every Kid Matters](#): A Children's Book that Teaches Kids to Accept Themselves and Others by Dr. De'Neen Coleman-Carew



Martin Luther King, Jr. was awarded the Nobel Peace Prize on October 14, 1964 for his nonviolent campaign for civil rights and an end to racism against Black Americans.



Multimedia

- PACER's [National Bullying Prevention Center](#)
- PACER Center's [Kids Against Bullying](#)
- PACER Center's [Teens Against Bullying](#)
- [Special Olympics feature](#) on National Bullying Prevention Month



TV / Videos

- [PACER Talks About Bullying](#)
- Sesame Workshop: [Being an "Upstander"](#)
- [Kid Videos](#) from StopBully.gov



Jams

- [Where is the Love](#) | The Black Eyed Peas
- [Work in Progress \(Growing Pains\)](#) by Mary J Blige