



**Family Voices United to End Racism against CYSHCN and Their Families (FamU)**

## Black History 365

**January:** The third Monday in January is recognized as Martin Luther King Jr. Day. This day is observed as a national federal holiday and national day of service in honor of his memory.

### Readings



#### Dr. Martin Luther King Jr.

This [encyclopedia entry from Britannica](#) provides a brief introduction to the life and legacy of this icon.



#### MLK Day: A National Day of Service

In 1994, Congress passed a bill to dedicate the national holiday as a national day of service. [Learn more in this multimedia PBS article.](#)



#### Dr. Martin Luther King on Health Care Injustice

Dr. King once said, "Of all the forms of inequality, injustice in health is the most shocking and inhuman." Physicians for a National Health Program (PNHP) shares [more on Dr. King's health advocacy legacy.](#)

#### FUN FACT

**Multiple Black Greek Letter Organizations in the "Divine 9" celebrate their Founders' Days in January.**

January 5th – Kappa Alpha Psi Fraternity, Inc.  
January 9th – Phi Beta Sigma Fraternity, Inc.  
January 13th – Delta Sigma Theta Sorority, Inc.  
January 15th – Alpha Kappa Alpha Sorority, Inc.  
January 16th – Zeta Phi Beta Sorority, Inc.



#### Multimedia

- [A Picture Book of Martin Luther King Jr., read aloud \(David Adler\)](#)
- [Six Podcasts to listen to for MLK Day \(NPR\)](#)



#### TV / Videos / Streaming

- [Roots](#) starring John Amos, Louis Gossett Jr. and Lavar Burton (premiered January 23, 1977)
- [Genius: MLK/X](#)



#### Jams

- [I Wish I Knew How It Would Feel to Be Free \(Nina Simone\)](#)
- [We Shall Overcome \(Larry Goldings\)](#)

