

# My Language, My Care Media Kit



## What is My Language, My Care?

My Language, My Care is an online training course about language access in the health care setting. This course for families will help increase awareness, understanding, and use of language access services for families whose preferred language is not English.

The self-paced course is available in English, Spanish, American Sign Language, and Chinese and can be completed in about 4 hours. After completing the course, participants receive a certificate.

## Messaging to share with your audiences

### Newsletters

Many people know language services are available in the health care setting, but often they do not understand the legal requirements for language access or how to advocate for high quality services.

Family Voices is offering a free online course for families to learn more about their rights to language access services and how to advocate for high quality services. The self-paced course is available in English, Spanish, American Sign Language, and Chinese. Please share this information with families you know and with people who work with families whose preferred language is not English.

Learn more about My Language, My Care at [familyvoices.org/mylanguagemycare](https://familyvoices.org/mylanguagemycare). Find resources that support language access at [familyvoices.org/languageaccess/resources](https://familyvoices.org/languageaccess/resources).

### Facebook/LinkedIn

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### Twitter/X

@FamilyVoices is offering a free online course about the right to language access services and how to advocate for high quality services in the health care setting. Learn more about

My Language, My Care at [familyvoices.org/mylanguagemycare](https://familyvoices.org/mylanguagemycare). #LanguageAccess #ChildHealth

## Instagram

Family Voices is offering a free online course for families to learn more about their rights to language access services and how to advocate for high quality services. The self-paced course is available in English, Spanish, American Sign Language, and Chinese. Learn more about My Language, My Care at [familyvoices.org/mylanguagemycare](https://familyvoices.org/mylanguagemycare). #LanguageAccess #ChildHealth #HealthEquity @FamilyVoices @HHSgov

## Images

You can click on each image to link to the full-sized version and download it.

FAMILY VOICES®

**my language my care**

### My Language, My Care Free Online Course

Learn about language access rights, services available, and how to get the most from language access services in the health care setting.

**Start Now!**

**My Language, My Care**  
Improving the quality and cost of language access services in the health care setting.

[familyvoices.org/languageaccess](https://familyvoices.org/languageaccess)

FAMILY VOICES®

**mi idioma mi salud**

### Mi Idioma, mi Salud Curso gratis en línea

Aprenda más sobre los derechos de acceso al lenguaje, los servicios disponibles y cómo aprovechar al máximo los servicios de acceso al lenguaje en el ambiente de atención médica.

**¡Comience ahora!**

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