



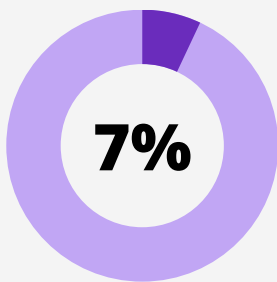
Center for Transition to Adult Health Care for Youth with Disabilities



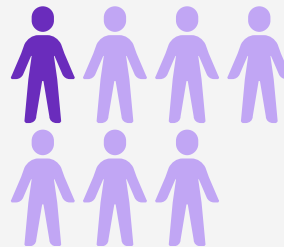
Moving from pediatric to adult health care is a process.

Health care transition is the process of moving from a pediatric to an adult model of health care. The goal of health care transition is for youth to learn skills to manage their own health and health services, with support.

The **Center for Transition to Adult Health Care for Youth with Disabilities** is a national health care transition resource center. The goal of the center is to empower youth and young adults with intellectual and developmental disabilities (ID/DD) ages 12-26 to direct their own transition from pediatric to adult care with no reduction in quality of care and no gaps in service.



Based on 2020/2021 data, **seven percent of youth, ages 12-17**, had intellectual and developmental disabilities.*



About 1 in 7 youth with intellectual and developmental disabilities receives health care transition guidance from their doctor.

Visit MovingToAdultHealthCare.org for:

- **Resources for youth** navigating the move to adult health care
- Resources for **parents and caregivers** supporting young adults through the move to adult health care
- Resources for **health care providers** to support youth and families in the process of moving to adult care
- **Data and reports** about health care transition for youth with intellectual and developmental disabilities

MovingToAdultHealthCare.org



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*Based on the National Survey of Children's Health