

HEALTH CARE TRANSITION among youth with intellectual and/or developmental disabilities

What is health care transition (HCT)?



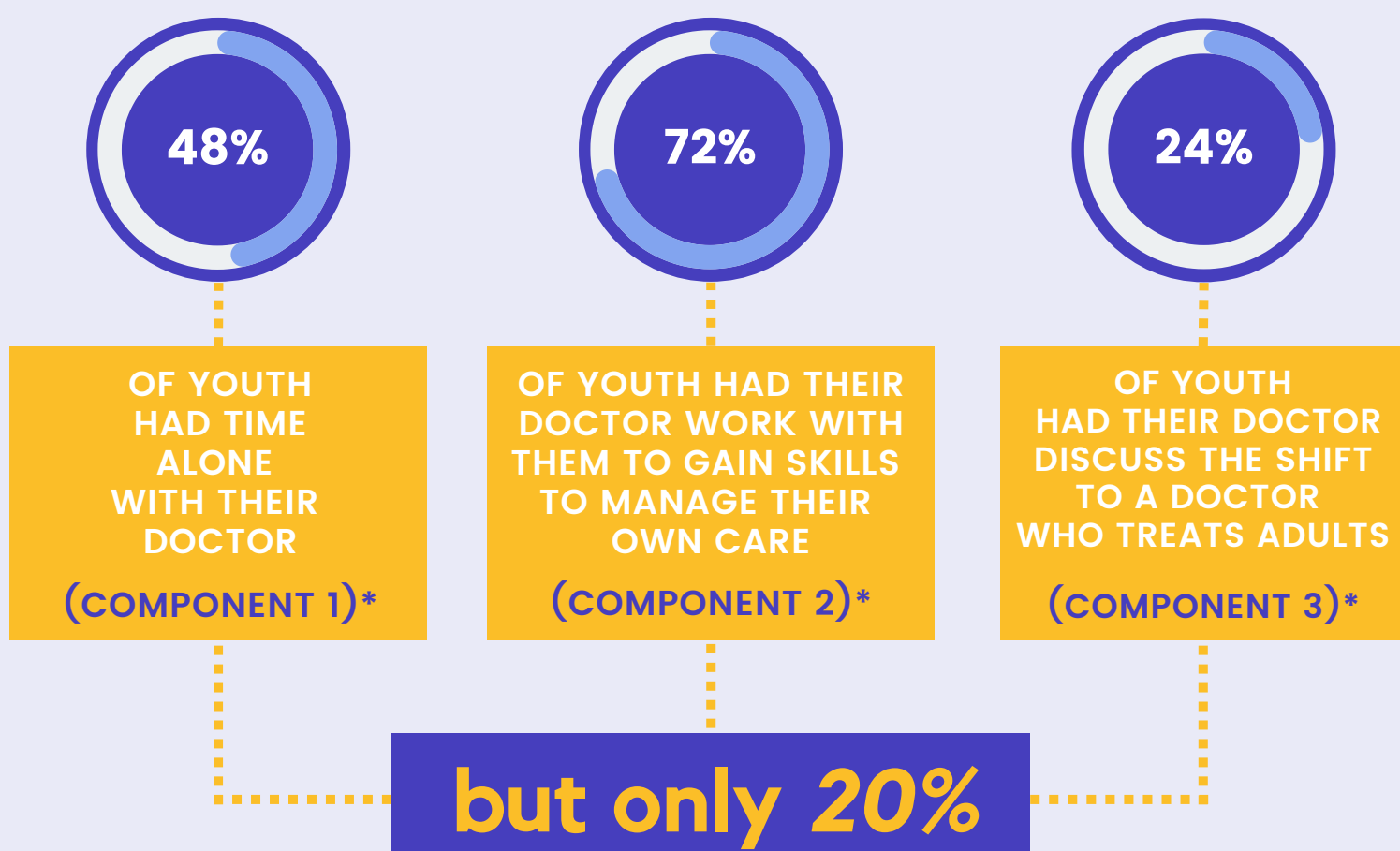
- HCT is the process of moving from a pediatric to an adult model of health care
- The goal of HCT is to learn skills to manage your own health and health services, with support

What is the prevalence of intellectual and/or developmental disability (ID/DD)?

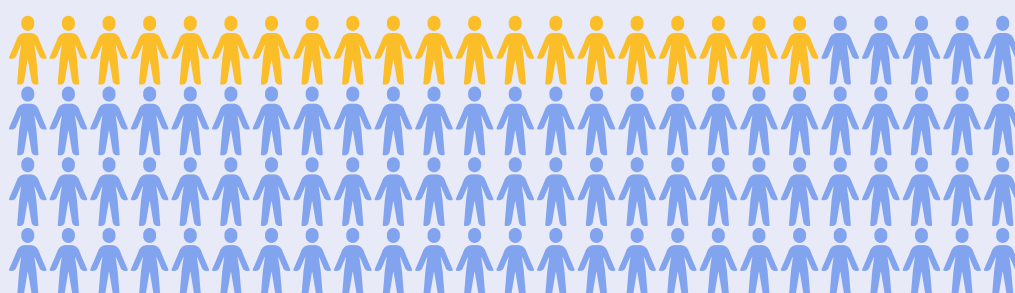
7% of youth, ages 12–17, have ID/DD¹

Among those ages 3–17 there has been almost 10% increase in the prevalence of ID/DD between 2009 and 2017²

How many youth, ages 12–17, with ID/DD receive HCT preparation guidance?



of youth received all 3 components of HCT³ preparation guidance from their doctor



*This data is from the 2019–2020 National Survey of Children’s Health (NSCH). The respondent to this questionnaire is a parent or guardian who is living in the home and has knowledge of the sampled child.

- Bethell CD, Gombojav N, Sherwood A. Findings on prevalence of youth with intellectual or developmental conditions using the 2019–2020 NSCH. CAHMI, Data Resource Center for Child and Adolescent Health supported by Cooperative Agreement U59MC27866 from HRSA/MCHB, Aug. 11, 2022.
-ID/DD is defined to include any current experience of autism or autism spectrum disorder (ASD), cerebral palsy, developmental delay, Down syndrome, epilepsy or seizure disorder, intellectual disability, learning disability, speech or language disorder, and Tourette syndrome.
- Zablotsky B, et al. Prevalence and trends of developmental disabilities among children in the United States: 2009–2017. Pediatrics. 2019;144(4).
-ID/DD is defined to include attention-deficit/hyperactivity disorder (ADHD), ASD, blindness, cerebral palsy, moderate to profound hearing loss, learning disability, intellectual disability, seizures, stuttering or stammering, and other developmental delays.
- Bethell CD, Gombojav N, Sherwood A. Findings on Title V youth transition to adult care performance measures using the 2019–2020 NSCH. CAHMI, Data Resource Center for Child and Adolescent Health supported by Cooperative Agreement U59MC27866 from HRSA/MCHB, Aug. 4, 2022.
-ID/DD is defined to include any current experience of attention deficit disorder or ADHD, autism or ASD, cerebral palsy, developmental delay, Down syndrome, epilepsy or seizure disorder, intellectual disability, learning disability, speech or language disorder, and Tourette syndrome.

Acknowledgment

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National Health Care Transition Resource Center

FOR YOUTH AND YOUNG ADULTS WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES

