What is health care transition (HCT)?

- HCT is the process of moving from a pediatric to an adult model of health care.
- The goal of HCT is to learn skills to manage your own health and health services, with support.

What is the prevalence of intellectual and/or developmental disability (ID/DD)?

7% of youth, ages 12-17, have ID/DD

Among those ages 3-17 there has been almost 10% increase in the prevalence of ID/DD between 2009 and 2017.

How many youth, ages 12-17, with ID/DD receive HCT preparation guidance?

48% of youth had time alone with their doctor

24% of youth had their doctor discuss the shift to a doctor who treats adults

72% of youth had their doctor work with them to gain skills to manage their own care

but only 20% of youth received all 3 components of HCT preparation guidance from their doctor

*This data is from the 2019-2020 National Survey of Children’s Health (NSCH). The respondent to this questionnaire is a parent or guardian who is living in the home and has knowledge of the sampled child.

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