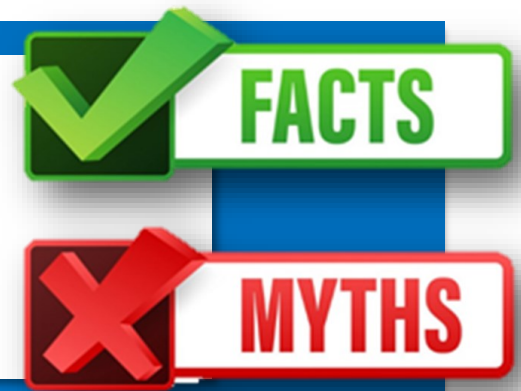


# GET ACCESS TO THE FACTS

## Myths vs Facts



✗ **MYTH:** The ingredients in COVID-19 vaccines are dangerous.

✓ **FACT:** Nearly all the ingredients in COVID-19 vaccines are also ingredients in many foods – fats, sugars, and salts.

✗ **MYTH:** The natural immunity I get from being sick with COVID-19 is better than the immunity I get from COVID-19 vaccination.

✓ **FACT:** Getting a COVID-19 vaccination is a safer and more dependable way to build immunity to COVID-19 than getting sick with COVID-19.

✗ **MYTH:** COVID-19 vaccines cause variants.

✓ **FACT:** COVID-19 vaccines do not create or cause variants of the virus that causes COVID-19. Instead, COVID-19 vaccines can help prevent new variants from emerging.

✗ **MYTH:** All events reported to the Vaccine Adverse Event Reporting System (VAERS) are caused by vaccination.

✓ **FACT:** Anyone can report events to VAERS, even if it is not clear whether a vaccine caused the problem. Because of this, VAERS data alone cannot determine if the reported adverse event was caused by a COVID-19 vaccination.

✗ **MYTH:** The mRNA vaccine is not considered a vaccine.

✓ **FACT:** mRNA vaccines, such as Pfizer-BioNTech and Moderna, work differently than other types of vaccines, but they still trigger an immune response inside your body.

✗ **MYTH:** COVID-19 vaccines authorized for use in the United States shed or release their components.

✓ **FACT:** Vaccine shedding is the release or discharge of any of the vaccine components in or outside of the body and can only occur when a vaccine contains a live weakened version of the virus.