

Steps for a successful Joint Tele-Transition

Meet Emily.
Emily is 18 yrs old and beginning to transition from a Pediatric Doctor to an Adult Health Care provider.



Emily's Pediatrician helps connect her with an adult provider via a Joint Tele-Transition Appointment.



The Joint Tele-Transition visit includes: you, the Pediatrician, the new Adult Doctor, along with a Parent/Caregiver if you wish.

During this call your Pediatrician will introduce you to your new doctor and share important information.



During this visit you can ask your new doctor question about concerns you may have.



It is important to ask questions, share your story and advocate for yourself, when you meet your new doctor.

After your Joint Tele-Transition, work with your new doctor's office to set up an appointment.



It is important for you to learn how to manage your own health care.



When you are prepared and advocate for yourself the transition to health care will be easier.