This tool was developed to heighten your awareness of how you view clients/patients from culturally and linguistically diverse (CLD) populations.

*There is no answer key; however, you should review responses that you rated 5, 4, and even 3.

I treat all of my clients with respect for their culture.

I do not impose my beliefs and value systems on my clients, their family members, or their friends.

I believe that it is acceptable to use a language other than English in the U.S.

I accept my clients’ decisions as to the degree to which they choose to acculturate into the dominant culture.

I provide services to clients who are GLBTQ (Gay, Lesbian, Bisexual, Transgender, or Questioning).

I am driven to respond to others’ insensitive comments or behaviors.

I do not participate in insensitive comments or behaviors.

I am aware that the roles of family members may differ within or across culture or families.

I recognize family members and other designees as decision makers for services and support.

I respect non-traditional family structures (e.g., divorced parents, same gender parents, grandparents as caretakers).

I understand the difference between a communication disability and a communication difference.

I understand that views of the aging process may influence the clients’/families’ decision to seek intervention.

I understand that there are several American English dialects. I recognize that all English speakers use a dialect of English.

I understand how culture can affect child-rearing practices such as:

- Discipline
- Dressing
- Toileting
- Feeding
- Self-help skills
- Expectations for the future
- Communication

I understand the impact of culture on life activities, such as:

- Education
- Family roles
- Religion/faith-based practices
- Gender roles
- Alternative medicine
- Customs or superstitions
- Employment
- Perception of time
- Views of wellness
- Views of disabilities
- The value of Western medical treatment

I understand my clients’ cultural norms may influence communication in many ways, including:

- Eye contact
- Interpersonal space
- Use of gestures
- Comfort with silence
- Turn-taking
- Topics of conversation
- Asking and responding to questions
- Greetings
- Interruptions
- Use of humor
- Decision-making roles

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