

# FAMILY VOICES<sup>®</sup>

## Families Voices United to End Racism Against CYSHCN and Families Town Hall #5: Resources to "Dip your Toes"

### MULTI MEDIA



[Mental Illness In Black Community](#)



[Therapy for Black Girls Podcast  
by Dr. Joy Harden Bradford](#)



### READINGS

[Black Teens and Mental Health Treatment](#)

[Taraji P. Henson's Youth Mental Health Initiative](#)

[Therapy for Black Girls](#)

[Online Therapy Directory](#)

### TV/VIDEO SERIES



[Changing views on mental Health  
In the Black Community](#)



[Mental Health Channel TV](#)



[Facebook Watch Original  
Peace of Mind with Taraji](#)

### JAMS

1-800-273-8255 by Logic  
ft. Alessia Cara & Logic (2017)

So many Tears by Tupac (1995)

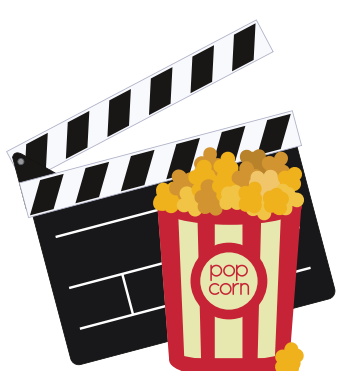
[Apple Music](#)  
[Spotify](#)  
[Pandora](#)



### MOVIES

[BET Her Presents 3 Mental Health  
Films](#)

[Everything is Fine](#)  
[Baby Blue](#)  
[Bricked](#)



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