

*This guide will help you prepare before your visit with your service provider.*

**Preparing for a Successful Telehealth Visit**



Provider’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**BEFORE THE VISIT**

 **Select as applicable and briefly explain in the notes:**

* Since your last visit, is there any information you want to share with your provider?

Celebrations  Concerns  Challenges  Other

* Any new changes, observations or updates to share about:

Doctors  Behaviors  Symptoms

Medicines  Treatment  Labs  Imaging  Other

School  Therapies  Socialization

* Plan of Care:

Any updates from other providers/specialist or changes to the plan of care



***NOTES:***



**DURING THE VISIT Who, How and What?**

* Who will participate in the visit- either joining virtually or in person?

Child

Parent, family member, or other caregiver

Home health aide

Others

* How do you want the visit to flow or proceed? What will be discussed:

How comfortable are you helping with the physical exam?

Do you want to demonstrate or share information about any home routines, supplies, or equipment?

Would your child like to share any information during the visit?

* Did you notice anything during the exam that your provider did not notice that you want to share? Describe in the notes:

***NOTES:***

**NEXT STEPS**

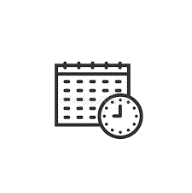
Before the visit is over, you and your provider can:

* Discuss the plan of care. **PAUSE** *Are you comfortable and confident* *with the care plan?*
* Discuss if you will need or will be provided:

Referrals  Prescriptions  Orders for supplies, therapies or medical care

* **Clarify**: Who is responsible for key parts of care plan, communication and

care coordination?

* Discuss next appointment: will an in person or virtual visit work best for your child?

Consider the follow in this discussion:

Preference for the day and time that works best for your child and family

Discuss the safety and risks of each of the options (face-to-face and virtual)

  Share your child's and your family's needs

* Any other needs or concerns that were not discussed?

***NOTES:***

List additional **acheivements, concerns, or challenges** you want to discuss:

**FOLLOW-UP NOTES**:

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