

*This guide will help you prepare before your visit with your service provider.*

**Preparing for a Successful Telehealth Visit**



Provider’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**BEFORE THE VISIT**

 **Select as applicable and briefly explain in the notes:**

* Since your last visit, is there any information you want to share with your provider?

[ ]  Celebrations [ ]  Concerns [ ]  Challenges [ ]  Other

* Any new changes, observations or updates to share about:

 [ ]  Doctors [ ]  Behaviors [ ]  Symptoms

 [ ]  Medicines [ ]  Treatment [ ]  Labs [ ]  Imaging [ ]  Other

 [ ]  School [ ]  Therapies [ ]  Socialization

* Plan of Care:

[ ]  Any updates from other providers/specialist or changes to the plan of care



***NOTES:***



 **DURING THE VISIT Who, How and What?**

* Who will participate in the visit- either joining virtually or in person?

 [ ]  Child

 [ ]  Parent, family member, or other caregiver

 [ ]  Home health aide

 [ ]  Others

* How do you want the visit to flow or proceed? What will be discussed:

 [ ]  How comfortable are you helping with the physical exam?

[ ]  Do you want to demonstrate or share information about any home routines, supplies, or equipment?

 [ ]  Would your child like to share any information during the visit?

* Did you notice anything during the exam that your provider did not notice that you want to share? Describe in the notes:

***NOTES:***

**NEXT STEPS**

Before the visit is over, you and your provider can:

* Discuss the plan of care. **PAUSE** *Are you comfortable and confident* *with the care plan?*
* Discuss if you will need or will be provided:

[ ]  Referrals [ ]  Prescriptions [ ]  Orders for supplies, therapies or medical care

* **Clarify**: Who is responsible for key parts of care plan, communication and

 care coordination?

* Discuss next appointment: will an in person or virtual visit work best for your child?

Consider the follow in this discussion:

 [ ]  Preference for the day and time that works best for your child and family

 [ ]  Discuss the safety and risks of each of the options (face-to-face and virtual)

 [ ]  Share your child's and your family's needs

* Any other needs or concerns that were not discussed?

***NOTES:***

List additional **acheivements, concerns, or challenges** you want to discuss:

**FOLLOW-UP NOTES**:

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