I can't do my telemedicine visit because... I DON'T KNOW HOW TO DO THIS WITH MY DOCTOR



This means you may not be able to connect to a telemedicine appointment because you are not sure how to "log on," or access the platform being used by your provider.



- The provider you are scheduling the appointment with, will be able to provide you with information about what is needed to prepare for you/your child's telehealth appointment.
- Your local <u>Family to Family Health</u>
 <u>Information Center</u> might be able to provide you with guidance and support on how to participate in a telehealth visit.





WHAT ARE MY NEXT STEPS?

- Find out if your child's provider offers telemedicine appointments and if this is an option for your needs (some things, such as procedures cannot be done over telehealth.
- When you schedule the appointment, ask if there will be a video component, or over the phone. This will help you determine what type of device and connection will be needed.
- Make sure your device is fully charged, and you have a strong internet connection.
- Go to a quiet, and private space if possible so you can have discussions about your health, and show the doctor any areas you are concerned about if needed.

- <u>Family Voices' Nuts and Bolts of Telemedicine</u> <u>Webinar: Can You See Your Provider</u>
- What is Telehealth- YouTube Video
- <u>Telehealth: A Quick Comparison- YouTube</u>
 <u>Video</u>
- Fact Sheet: How Patients can Engage in
 <u>Telehealth</u>
- <u>Checklist for a Telehealth Appointment</u>
- Infographic: <u>Best Strategies to Prepare for</u> <u>your Child's Telehealth Visit</u>
- <u>Citas de telesalud con el médico de su hijo</u>



<u>www.FamilyVoices.org/telehealth</u>

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