Celebrations, concerns or challenges to share since last visit?

Changes, observations, or updates about:
- Medical, behavior or symptoms
- Medications, treatments, labs, imaging, etc.
- School, therapies, socialization

Update your provider about care plans with other providers and specialists.

Who will attend the visit? Who will be virtual, who will be present in person?
- Child?
- Family members or other caregivers?
- Home health?
- Other providers?

How would you like visit to go & What to discuss:
- Comfortable helping with physical exam?
- Demonstrate or share home routine, supports, supplies and equipment?
- Would your child like to share during visit?

Did you notice anything during the exam that your provider may not have noticed?
BEFORE FINISHING THE VISIT, YOU AND YOUR PROVIDER CAN:

- Discuss the plan. **Pause** Are you comfortable and confident with plan?
- Discuss if any **referrals, prescriptions or orders** will be made
- Discuss **who will be responsible** for each part of plan.
- Discuss the **next appointment**: telehealth or in-person. Set up a schedule!
  - Do you have a preference?
  - Discuss safety & risks of each option!
  - Needs of your child and family?
- Do you have any **needs that were not discussed**?

**NOTES:**

---

**ADDITIONAL CELEBRATIONS, CONCERNS OR CHALLENGES?**

**FOLLOW-UP NOTES?**

---

This information is provided by Family Voices
To learn more: visit [www.familyvoices.org](http://www.familyvoices.org)