

PREPARING FOR A SUCCESSFUL TELEHEALTH VISIT



Notes before a Telehealth Visit:

PROVIDER'S NAME:



- Celebrations, concerns or challenges to share since last visit?
- Changes, observations, or updates about:
 - Medical, behavior or symptoms
 - Medications, treatments, labs, imaging, etc.
 - School, therapies, socialization
- Update your provider about care plans with other providers and specialists.



NOTES:

During Visit- who, how and what to discuss:

- **Who** will attend the visit? **Who** will be virtual, who will be present in person?
 - Child?
 - Family members or other caregivers?
 - Home health?
 - Other providers?
- **How** would you like visit to go & **What** to discuss:
 - Comfortable helping with physical exam?
 - Demonstrate or share home routine, supports, supplies and equipment?
 - Would your child like to share during visit?
- Did you notice anything during the exam that your provider may not have noticed?

NOTES:

Next Steps:

BEFORE FINISHING THE VISIT, YOU AND YOUR PROVIDER CAN:

- Discuss the **plan. Pause** Are you comfortable and confident with plan?
- Discuss if any **referrals , prescriptions or orders** will be made
- Discuss **who will be responsible** for each part of plan.
- Discuss the **next appointment:** telehealth or in-person. Set up a schedule!
 - Do you have a preference?
 - Discuss safety & risks of each option!
 - Needs of your child and family?
- Do you have **any needs that were not discussed?**



NOTES:

ADDITIONAL CELEBRATIONS, CONCERNS OR CHALLENGES? FOLLOW-UP NOTES?



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