- 29,864 CYSHCN; 16% of Alaska’s population
- One-fifth of the size of the continental US
- 640 square miles of land for every mile of road
- 75% of communities are not accessible by road
- 29 federally recognized tribes
- AN/AI population makes up 15
Multi-cultural Strategic Plan for Alaska

- Healthcare Access
- Healthcare Literacy
- Other barriers in Alaska

Areas of Focus

- Cultural Competency training
- Revision of materials
- Empowering parents
- Parent engagement opportunities

Reach

Parents who experience:
- A disability
- Homelessness
- Poverty
- Limited English Proficiency

Community

Medical Providers
- Food Banks
- Resource Organizations
- Navigation Staff

Future

Healthcare literacy that speaks to all under-served parents
Meet Karen Lomack, SSG Parent Navigator stationed at Southcentral Foundation! SSG is excited to partner with Southcentral Foundation to expand access to parent navigation services. Karen was born in Anchorage and raised in Akiachak. After living in Bethel, Karen moved back to Anchorage in 2005 and now calls it home. Karen has five children ranging in age from six to 21-years-old. Karen enjoys beading, long road trips, camping, fishing, boating, and participating in subsistence activities with her family. Karen has personal and professional experience “navigating the system.” She is eager to work with families and other caregivers who need information, training or resources to assist them in caring for children with special health care needs.
Virginia F2FHICs Work with Diverse and Underserved Communities

Dana Yarbrough
dvyarbrough@vcu.edu
Cultural Broker Model Research

- Diversity Fellow funding
- Research study to define our P2P cultural brokering model
  - 5 Key Informants
  - 7 Cultural Brokers
  - 30 Families
- Published research (book chapter, journal articles)

7 Cultural Brokers providing P2P support
- 3 Latinx
- 1 Asian
- 1 African/Arab
- 1 African American
- 1 Caucasian
Multicultural Health Care Modules

- Special Hope Foundation funding (now called WITH Foundation)
- Culturally diverse people with disabilities designing modules for health/dental care professionals
- Medical champion
- Two modules completed - piloted with 100+ medical students - posted on health systems professional development website

2 Asian Self-Advocates
3 African American Self-Advocates
3 Caucasian Self-Advocates
5 w/ physical disabilities
1 w/ autism
1 w/sensory disabilities
1 w/ TBI

5 Females
3 Males
- Effectively Communicating with People with Disabilities from Diverse Cultures: Creating an Accessible Medical Environment
  (click on Test to launch module)

- Effectively Communicating with People with Disabilities from Diverse Cultures: Cultural Agility
  (click on Test to launch module)
Rural Outreach

- Rural outreach specialist
- P2P support with Remote Area Medical (RAM) clinics
- Writing grants with faith based organizations to create sensory rooms, host events for families in community
- Virginia Rural Health Care Association membership
Siblings

- Home to state chapter of National Sibling Leadership Network
- Sibling research conducted with 90 siblings of children/adults with disabilities
- National Sibling Day videos and activities
Elderhood & Aging Families

- Aging Families Specialist
- Collaboration with Gerontology Dept
- Podcasts and Videos on Aging – disrupt aging
HIV/AIDS Resource and Consultation Center

- Ongoing professional development (cultural agility and culturally collaborative organizations) for HIV/AIDS case managers
Opportunity

- to feature our work with peers
- for reflection and reflective questioning
- to practice “our story” telling
- for convening with like minded people who have common interests
- exploring the intersection of cultural identities
Family Wisdom Learning Collaborative

“Serving Families Statewide”
Combating the Opioid Crisis

1 Pharmacy
1 Town
1,779 People
16,591,280 Pills

Mount Gay-Shamrock
Population: 1,779

9,326 Pills per Person

Energycommerce.house.gov/opioids-pilldumping
OPIOID CRISIS
IN WEST VIRGINIA

ONE OF FIVE STATES
WITH LARGEST RATE INCREASE IN SYNTHETIC OPIOID DEATHS

ONE OF FOUR STATES
WITH LARGEST RATE INCREASE IN HEROIN DEATHS

17% INCREASE IN OVERDOSE DEATH RATE
41.5 PER HUNDRED THOUSAND PEOPLE FROM 2014-2015

NATIONAL AVERAGE
OVERDOSE DEATHS INVOLVING OPIOIDS:
10 per 100,000

VS

WEST VIRGINIA AVERAGE
OVERDOSE DEATHS INVOLVING OPIOIDS:
41.5 per 100,000

All stats from the Centers for Disease Control and Prevention
Learn more at usupulse.blogspot.com
West Virginia – Less dispensed pills but opioid deaths still increased.

West Virginia has the highest age-adjusted rate of drug overdose deaths involving opioids – a rate of 49.6 deaths per 100,000 persons. The national rate is 14.6 deaths per 100,000 persons.

West Virginia has 31.3 million fewer doses of controlled medications dispensed in 2017, the biggest drop ever.

But even as the number of prescription painkillers used in the state decreased, overdoses related to opioids are on track to break a record last year.

Fentanyl and heroin use is increasing, and killing more people in the state.
What’s Happening Here is Happening Everywhere!

Filmed in Charleston West Virginia
What are we doing about stop this epidemic?

- Overcoming stigma by treating this as a public health problem
- Awareness/recognition/discussion/conversation
- Treatment! Refer the places to go.
- Quick Response Teams in Communities
- Opioid Reduction Act limits doctors prescribing 7-day supply of pain killers and discuss pain treatment alternatives
- WV- one of eight states with additional manpower to go after dealers of synthetic opioids
- Overdose Lifeline, experts developed an educational presentation specific to opioid health crisis and addiction disorder. WVPTI are working to prevent and reduce the effects of the opioid health crisis and addiction/substance use disorder. How? Starting the conversation of opioids and abuse in high schools across WV.
It touches all of us in some way.
Families, Children, Communities, and Agencies Affected by this Opioid Crisis!
Intersectionality of Opioid Crisis

Grandparents, foster care, and guardians are stepping in to take care of the children who parents have died of an overdose, incarcerate for drug possession or unable to cope with addiction.
Crisis Affects Every Layer of Society!

Opioid addiction is an “equal opportunity” problem which affects people from all races and walks of life but particularly in the poorest areas of the country such as in Appalachia.
Challenges Continue, Epidemic Continues! Developing Hope and Optimistic Outlook!

If it happens here, it can happen anywhere.