

FAMILIES TOGETHER, INC. KANSAS FAMILY-TO-FAMILY HEALTH INFORMATION CENTER (F2F) 2016 DATA REPORT

For more than 35 years, Families Together, Inc., has encouraged, educated, and empowered Kansas families, which include children with disabilities. The F2F at Families Together, Inc., was established to provide guidance and support around health issues for families of children and youth with special health care needs. They help families navigate the health care systems and work with their child's medical home. They help families become better advocates for their children and effective partners with the professinals who serve them. Families Together, Inc., provides this help through one-to-one interactions with families and professionals and through a variety of trainings and other educational opportunities offered across the state.

2016 IMPACT on FAMILY and YOUTH

Families Together has developed our *CareING Notebook* as a tool to support families with the complex amount of information gathered to support their child with special health care needs. This notebook has become a tool requested not only by parents but also physicians and clinics.

The CareING Notebook initiative led to the development of the *iHealth* tool to assist youth with special health care needs who are transitioning from high school to adult life to organize their health needs. It was developed to address the unique needs and perspectives of youth and also

CSHCN in KS

> 120,822 children (17.3%)

> 37,465 children have inadequate insurance

> 28,930 children have conditions that consistently affect their activities

> 35,755 do not receive family-centered care

CSHCN Whose Conditions Cause Financial Problems for the Family:

46.6%

26.3%

CSHCN With Mich Adequate Adequ

tries to highlight all possible areas transitioning youth may need to organize and support their health issues. This tool can also be used as a notebook or pocket tool. One of our managed care organization has taken an interest in the project and is partnering with us to develop distribute to the youth they serve statewide.

2016 HIGHLIGHTS

F2F program funding and expertise leads to additional funding Families Together/F2F HIC was recognized by Family Voices National for **its "Promising Practices in Cultural Competence."** Families Together understands the issues that families face, provide advice, offer a multitude of resources, and tap into a network of other families and professionals for support and information. Families Together has been successful in reaching the many diverse populations through partnerships, staff trainings, and peer-to-peer support. Their continued outreach and acknowledgement of cultural differences supports families who have children with special needs in a setting that is trusting and reflective of diversity. For example, the expertise and efforts of the F2F has helped secure additional funding through the following sources:

- The Kansas Department of Health and Environment for community outreach in underserved parts of the state to families who have children with special health care needs as well as provide training and support to their caregivers
- Strong partnerships with our Managed Care Organizations to provide support to families
- Local foundations have provided funding to help in the developed of health care materials specific to each region
- A hospital foundation to have staff members in the NICU/PICU to support families with transition from hospital to home

OUTREACH

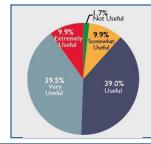
Total Families Served: 8,547

Total Professionals Served: 7,046

Newsletter Subscribers: 12,799

Materials Disseminated: 9,117

Trainings: 70



IMPACT on Family Confidence

Families rate the usefulness of the support, information, and/or resources they received from the KS F2F in helping them feel more confident about getting their child the healthcare and services that s/he needs.²

CONTACT

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National Survey of Children with Special Health Care Needs. NS-CSHCN 2009/10. Data query from the Child and Adolescent Health Measurement Initiative, Data Resource Center for Child and Adolescent Health website. Retrieved 04/03/2014 from

2FY2016 F2F data represents families and professionals served through one-to-one contact, training, and broader outreach from June 1, 2015 through May 31, 2016.

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