

# **Vermont Family Network**

# VERMONT FAMILY-TO-FAMILY HEALTH INFORMATION CENTER (F2F) 2016 DATA REPORT

Vermont Family Network began in July, 2008, when the Vermont Parent Information Center (VPIC) and Parent to Parent of Vermont merged, creating an expanded organization to promote better health, education, and well-being for all children and families, with a focus on children and young adults with special health care needs (CYSHCN). The F2F provides families and individuals with the support they need to make informed decisions; connects families with other families; helps families navigate health care systems, and provides a family voice on boards and committees at the local and state level.

### **2016 IMPACT on FAMILIES**

In collaboration with the Vermont Title V/MCH, the F2F runs a Medically Necessary Supplemental Funding (MNSF) program. It begins with extensive technical assistance to help families find the most appropriate funding sources for medically necessary expenses. Examples of such assistance include resource investigation and referral, as well as appeals. When all options are ruled out, the MNSF fund covers medically necessary expenses. The most common areas of need include travel expenses and special medical food, formula or nutritional supplements. The MNSF program ensures that medical expenses are appropriately covered and saves families thousands of dollars in out-of-pocket expenses that should be covered by insurance.

# CSHCN in VT1 > 21,790 children (17.1%) 5.825 children have inadequate insurance 5,949 children have conditions that consistently affect their activities > 6,825 do not receive family-centered care CSHCN Whose Conditions Cause Financial Problems for the Family: 30.6% 12.2% 17.3% **CSHCN** CSHCN



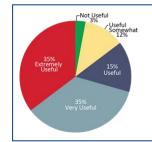
### 2016 HIGHLIGHTS

Family Leadership Impact The F2F has invested extensively in the development a Family Leadership program. This investment is paying off as graduates are both remaining and increasing their engagement. They are developing networks and supporting each other even after graduation. When the F2F has called upon them for leadership activities, they step up with eagerness and excitement. Additionally, the F2F is seeing greater representation of family leaders on committees, at the statehouse, and in the hospital and medical school working with professionals. The F2F receives tremendous positive feedback about family leaders from professionals and families at all levels. The F2F has a growing presence on the national level as well, and in the past year have done two major presentations at national conferences - one on Family Engagement and one on

Family Leadership. The F2F family leaders serve as the family delegate at AMCHP and also on the AMCHP subcommittee for Family and Youth Leadership.



Total Families Served: 4,478
Total Professionals Served: 3,466
Newsletter Subscribers: 3,237
Materials Disseminated: 851
Trainings: 65



# **IMPACT** on Family/Provider Communications

85% of families rated the support, information, and resources received from the VT F2F in helping them partner with (communicate with, talk with, work with) professionals to make decisions about their child's health care as useful, very useful, or extremely useful.

## CONTACT

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National Survey of Children with Special Health Care Needs. NS-CSHCN 2009/10. Data query from the Child and Adolescent Health Measurement Initiative, Data Resource Center for Child and Adolescent Health website. Retrieved 04/03/2014 from