

Supporting the Move to Adult Health Care for Youth with Intellectual and Developmental Disabilities (IDD)

Health care transition is the process of moving from a pediatric to an adult model of health care. Youth and young adults with IDD who have been in juvenile detention centers can direct their own health care transition, with support from their families and the systems that serve them.



Recommendations for Juvenile Justice Facilities on Working with Youth with IDD

- Help youth to reinstate their Medicaid benefits and/or SSI before they are released back into the community, when possible.
- Include health care transition as a treatment goal so the team can focus on connecting the youth with resources and partners once they leave the detention facility.
- Assign a long-term transitional coordinator (CYFD) and insurance care coordinators.
- Build trusting relationships with families to reduce their fear or concerns about engaging with juvenile justice staff after release.

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